

2017-
2018

THE TRAINING Institute

at Garfield Park Academy

FEATURING:

Dr. David Leibovitz, Psy.D.

About Our Speaker:

David Leibovitz is the founder of the Hopewell Springs Counseling Center in Marlton, NJ, where he uses Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Mindfulness-based Cognitive therapies. There, he is a licensed psychologist, where he specializes in the treatment of depression, anxiety and OCD. He has considerable testing experience including ordered mental health evaluations for jobs, school, courts, immigration, full diagnostic testing, and others. He is the host of "Therapy Thursdays," a 30 minute weekly radio show, and has been part of the "Anthony Gargano & Rob Ellis show".

From 2005-2014, he served as an Assistant Professor in the Department of Psychiatry at Rowan University, formerly the University of Medicine and Dentistry of New Jersey.



Anger Management and De-escalation Strategies In School

Where

24 Glenolden Lane
Willingboro, NJ 08046

When

Friday, December 8, 2017
9:00AM - 12:30PM

This three-hour program will explore the emotion of anger and how it is assessed and treated in school settings, providing an integrated working construct of this often misunderstood emotion. Dr. Leibovitz will review the development of anger across childhood and discuss the relationship between anger and its behavioral expression in school.

Attendees will leave knowing:

- ✓ how to help students express and manage anger.
- ✓ how to help students accept and reedirect anger.
- ✓ strategies for helping students to calm down.
- ✓ do's and don'ts for de-escalation.
- ✓ how to defuse anger, frustration, and conflict.
- ✓ student risk factors, including when and why to seek medical assistance.
- ✓ tips and strategies for staff safety.

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